

Beach Training 2017

Saturday 11th Feb
at Mount Martha Beach
Time: 6:30am to 8am
All ages and grades welcome

円心會館

ENSHIN KARATE
円心空手

Directions to Training Site from The Esplanade at Mt Martha

- Once you arrive at the Esplanade into Mt Martha drive past the shopping centre (which will be on your left)
- Once past the shops you will approach a roundabout, continue straight through the roundabout (you will see Mt Martha house - White building on you left.
- About 50m from the roundabout you will see a Cafe, the entrance to the car park is opposite this cafe .
- Make a right hand turn into the drive way to the small car park (the drive way is downhill into a unsealed car park.

Note: I will hang some balloons to indicate the entrance of the car park.



Enshin Karate

BEACH TRAINING SESSION

We will be conducting a beach training session and all students are welcome to attend. This will be a great experience for everyone and will give us an opportunity to practice Enshin Karate in a different environment.

When I have held beach training in the past everyone who participated has had a great time.

When: Saturday 11th of Feb 2017

Time: 6.30am (Training Starts) until around 8am

Where: Mt Martha Beach (Mornington Peninsula , see map on next page)

Note : BBQ facilities will be available if you wish to bring your own breakfast.

Cost: Nil

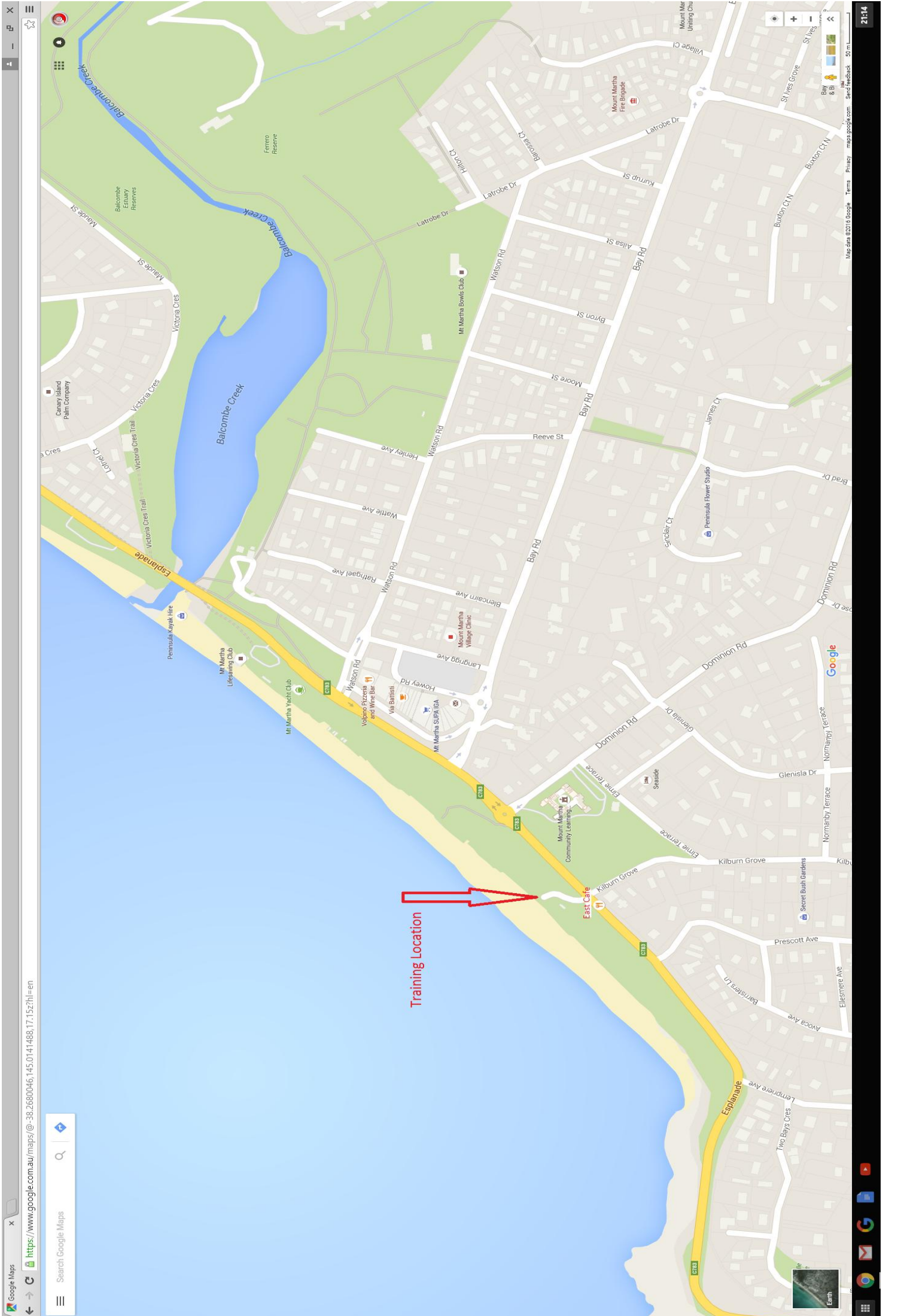
What to bring :

- Enshin Uniform
- Towel
- Breakfast

Cut along line and return
Dojo

2017 Beach Training Attendance

Name of Student / Students Attending: 1. _____
2. _____
3. _____
4. _____



Training Location